

SAMUNPRAI MASSAGE

Restore your body with the power of Mexican healing herbs. Enjoy the purest aromatherapy through this new relaxing massage. Warm aromatic poultices will help to balance and renew your mind, spreading medicinal heat deep into your muscles. **(90 min.)**



FACIALS

ENZYMATIC DEEP CLEANSING FACIAL: This facial opens clogged pores for deep cleansing and extraction without irritation. The result is magnificent skin, free of impurities. **(90 min.)**

HYDRATING FACIAL: Ideal for treating dehydrated or prematurely lined skin. Using the Hydra system method, cells preserve the optimal hydration level. Also protects skin from external elements and helps to delay skin aging. **(60 min.)**

MEN'S FACIAL: An enzyme exfoliation with the added benefit of anti-aging sun protection. A relaxing facial massage completes the treatment. **(60 min.)**

ANTI-AGING FACIAL: This facial is recommended for mature skins with deep lines. It also acts against dryness, flaccidity and compensates for lack of skin nutrients. **(90 min.)**

SOOTHING VEIL: This treatment calms and soothes inflamed and sensitive skin. Provides instant relief for sunburned skin. **(60 min.)**

VITAMIN C INFUSION FACIAL: Formulated to restore clarity, texture, elasticity and firmness, while fading pigmentation blemishes and smoothing out fine lines and wrinkles. **(60 min.)**

EXPRESS FACIAL: The perfect treatment before a special event. The session includes facial cleansing, a soft exfoliation and a face contour massage. **(30 min.)**



VITALIC FACIAL: This facial was developed specifically for combination skin types. Extracts from the pomegranate fruit are very effective at leaving the skin balanced while also offering protection against free radicals in the environment **(60 min.)**

In the interest of safety, The Spa will refuse the right of entry and will not provide services to guests who have had too much to drink and show clear signs of alcohol intoxication.

MASSAGES

BAMBOO MASSAGE: Relaxing massage that uses a timeless technique from the Far East. Performed with bamboo canes, it helps to alleviate stress, eliminate toxins, improve blood circulation and acts against cellulite. **(90 min.)**

HOT STONES MASSAGE: The heat of the stones will increase blood circulation and calm, decongest and detoxify your body; you will experience a deep sense of wellbeing. **(90 min.)**

THAI MASSAGE: Performed with your clothes on and without oil, this massage is based on acupressure points, passive stretching and whole-body movements. It will restore you, boosting your energy and flexibility. **(90 min.)**

SPA REFLEXOLOGY: Reduce stress and relax your feet. By applying pressure to specific points on the feet, we can produce healing effects throughout your body. **(60 min.)**

SWEDISH MASSAGE: Boost blood and lymph circulation, reduce stress and improve sleep quality with this massage. The pressure goes from soft to firm, without being deep. **(30 min., 60 min. and 90 min.)**

AROMATHERAPY MASSAGE: Slow and gentle massage strokes help the skin to absorb this blend of essential oils through the skin capillaries. **(60 min. and 90 min.)**

SPA LYMPHATIC DRAINAGE: This massage concentrates on the lymph system by using slow manipulations to help lymph circulation and eliminate toxins. **(60 min. and 90 min.)**

PRENATAL MASSAGE: This massage reduces anxiety, relieves joint and muscle aches improves blood circulation and decreases fluid retention. It is performed while you are lying on your side. **(60 min.)**

SPORT MASSAGE: This is a firm pressure massage that uses stretching and percussions to drain lactic acid from the muscles and increase flexibility. **(60 min. and 90 min.)**

DEEP TISSUE MASSAGE: Focusing on sore and stressed muscles, deep and slow sustained pressure strokes are used to reach the inner muscles and eliminate the accumulated tension. **(60 min. for back, neck and shoulders; and 90 min. full body massage)**

LOMI LOMI MASSAGE: A relaxing and at the same time invigorating massage, with stretching and long rhythmic strokes that mimic the ocean's waves. **(60 min. and 90 min.)**

TENSE FEET RELIEF: For tired and swollen legs, this treatment provides welcome relief and is refreshing. It will make your feet feel brand new. **(30 min.)**

EXFOLIATIONS

Suitable for all skin types, this exfoliation removes dead cells and improves blood circulation. Ideal before and after tanning. Choose one of our three options. (30 min.)

MEZCAL, LEMON AND CHAYA • WINE • JADE, GOLD AND SILVER

BODY WRAPS

DELIZIA DI RIZO: Revitalizing Body Wrap suitable for all skin types. With the benefits of rice protein. Includes a soothing 30-min massage with a wooden spoon. (90 min.)

JADE, GOLD AND SILVER: This is a highly mineralizing wrap that removes dead cells, helping to reduce muscle aches and eliminating toxins through perspiration. (60 min.)

GREEN COFFEE: This detoxifying body wrap has anti-cellulite and diuretic properties. We apply an activating gel in specific areas to remove dead cells. (60 min.)

ANTI-CELLULITE: Reduces the signs of cellulite and stretch marks, while increasing skin firmness. A body mask made with herbs and caffeine is applied to specific areas. (60 min.)

SUN RELIEF: A refreshing body wrap rich in chamomile and snail saliva extract that will help to soothe and heal sunburnt skin. (60 min.)

DELICIOUS TRADITIONS: Nourish your body with captivating fragrances and the finest textures of Mexican culture, the very essence of nature to seduce your senses.

(60 min.) **CHOCO TEQUILA • ORANGE VANILLA • MEZCAL, LEMON AND CHAYA**



FISH THERAPY: Enjoy this amazing natural, organic treatment; watch as your skin is transformed and looks younger and smoother. Tiny Garra Rufa fish "kisses" clean and regenerate your skin and give you a sense of relaxation and wellbeing. 30 min. USD \$37

PRICES

30-minute treatments USD \$65

60-minute treatments USD \$130

90-minute treatments USD \$195

Information and reservations ext. 179

Prices in dollars. Payments in pesos will be charged at the daily exchange rate.
Any cancellation with less than two hours notice given will be subject to a charge for 25% of the service which had been reserved. All no shows are charged 50% of the service price.



I deserve...


THE SPA
AT
THE ROYAL HACIENDAS
RIVIERA MAYA

Experience an extraordinary VIP massage.

Choose the way you want us to pamper you.