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WELLNESS EXPERIENCE



# **FACIALS**

Find your perfect facial. These treatments soothe, cleanse, moisturize and nourish your skin leaving it soft, youthful and radiant.

# SOS AFTER SUN

Calming and refreshing facial for dry, irritated or very sensitive skins. (60 min.)

# CAVIAR LIME & PASSIONFRUIT FACIAL

Helps to smooth premature wrinkles and also nourishes skin with antioxidants. (60 min.)

# EXPRESS FACIAL WITH EYE TREATMENT

A refreshing treatment for the skin that helps soften expression lines around the eyes. (60 min.)

### VITAMIN C FACIAL

Replenishes antioxidants and helps soften expression lines. (60 min.)

## MEN'S FACIAL

Helps combat the effects of stress, energizes and gives the skin a fresh look. (60 min.)

# MARSHMALLOW FACIAL

This soothing treatment helps the skin retain moisture, preserving an optimum level of hydration. Suitable for all skin types. (60 min.)

### FIRMING PEPTIDE FACIAL

Tightens and revitalizes skin. Suitable for mature skins. (90 min.)

# ENZYMATIC DEEP CLEANSING FACIAL

This detoxifying facial acts against aging caused by external factors. (90 min.)

# MASSAGES

# BAMBOO MASSAGE

Performed with bamboo canes, it helps to eliminate toxins, improves blood circulation and acts against cellulite. (90 min.)

# HOT STONES MASSAGE

Calms, decongests and detoxifies your body; you will experience a deep sense of wellbeing. (90 min.)

# SPA REFLEXOLOGY

By applying pressure to specific points on the feet, we can stimulate different systems in your body. (60 min.)

#### SWEDISH MASSAGE

This classic massage is a Spa favorite. The pressure goes from soft to firm. Reduces stress and improves circulation. (60 & 90 min.)

# MOON AND STARS SWEDISH MASSAGE

Evening spa pampering on an ocean-side terrace. (60 & 90 min.)

# AROMATHERAPY MASSAGE

Slow and gentle massage strokes, with a personalized blend of essential oils. (60 & 90 min.)

### LYMPHATIC DRAINAGE

Slow manipulations to help lymph circulation. (60 & 90 min.)

# PRENATAL MASSAGE

Reduces anxiety and decreases water retention. It is performed while you are lying on your side. (60 min.)

### SPORTS MASSAGE

Firm pressure massage that uses stretching and percussions. (60 & 90 min.)

# **DEEP TISSUE MASSAGE**

Deep pressure strokes to reach the inner muscles and eliminate accumulated tension. (60 & 90 min.)

# LOMI LOMI MASSAGE

With rhythmic strokes and stretching, it is relaxing and invigorating at the same time. (60 & 90 min.)

# SAMUNPRAI MASSAGE\*

Warm aromatic poultices with traditional Mexican healing herbs. (90 min.)

# **BODY WRAPS**

Nourish your body with our wraps designed for all skin types. In addition to relaxing, they offer great benefits such as softening the signs of aging.

## **SEAWEED**

It stimulates skin metabolism, hydrates intensely and helps to smooth and firm the skin. (60 min.)

## **ANTI-CELLULITE**

Anti-cellulite treatment with antioxidant effects to improve the appearance of your skin. (60 min.)

### MEZCAL, LIMA AND CHAYA

Helps to moisturize, nourish and tone your skin and has a firming effect. (60 min.)

# JADE, GOLD AND SILVER

Mineralizing wrap, helps to eliminate toxins. (60 min.)

# **SUN RELIEF**

Refreshing wrap rich in chamomile and snail saliva, helps to soothe sunburned skin. (60 min.)

### ORANGE AND VANILLA

Moisturizes and softens the skin. A vitamin-rich body cream is also applied as part of this treatment. (60 min.)

#### MYSTIC MEXICO.

CHOICE OF COPAL, TEOLCALLI, MAYA HERITAGE

Balances emotions, detoxes, moisturizes and nourishes your skin. (60 min.)



# **CANNABI 7 BENEFITS**

NOURISHES, MOISTURIZES, SOOTHES, PROTECTS, REGENERATES, SOFTENS AND GIVES A SENSE OF WELLBEING

Try our facial and exfoliating massage. Free of OTHC.



# ENHANCE YOUR EXPERIENCE

### EXPRESS FACIAL

Facial cleansing, a soft exfoliation and a face contour massage. (30 min.)

# **EXFOLIATIONS**

Exfoliation removes dead cells and improves blood circulation. Ideal before tanning. Ask at the Spa front desk for the options available. (30 min.)

# NECK AND SHOULDER SWEDISH MASSAGE (30 MIN.)

## ADD A LYMPHATIC DRAINAGE

treatment to your massage (30 min.)

# TENSE FEET RELIEF

For tired and swollen legs. (30 min.)

# The treatments included

in this section have a cost of US\$65

These treatments may only be purchased to add on to 60 and 90-minute treatments from the menu.

They cannot be combined with beauty salon services.

Not redeemable with Spa Credits.

# Ask about our specials for couples

#### **PRICES**

60-minute treatments USD \$137

90-minute treatments USD \$199

Prices in dollars. Payments in pesos

will be charged at the daily exchange rate.

Any cancellation with less than two hours notice given will be subject to a charge for 25% of the service which had been reserved. All no shows are charged 50% of the service price.

Services purchased with Spa Credits do not include the 16% service charge. \*Samunprai massage is not available with Spa Credits.s.

In the interest of safety, The Spa will refuse the right of entry and will not provide services to guests who have had too much to drink and show clear signs of alcohol intoxication.

You must be 16 or older to use the Wet Area.