



THE SPA

AT
THE ROYAL SANDS[®]
CANCUN



I DESERVE...

INFORMATION AND RESERVATIONS EXT. 179



FACIALS

Find your perfect facial. These treatments soothe, cleanse, moisturize and nourish your skin leaving it soft, youthful and radiant.

SOS AFTER SUN Calming and refreshing facial for dry, irritated or very sensitive skins. (60 min.)

CAVIAR LIME & PASSIONFRUIT Facial Helps to smooth premature wrinkles and also nourishes skin with antioxidants. (60 min.)

EXPRESS FACIAL WITH EYE TREATMENT A refreshing treatment for the skin that helps soften expression lines around the eyes. (60 min.)

VITAMIN C FACIAL Replenishes antioxidants and helps soften expression lines. (60 min.)

MEN'S FACIAL Helps combat the effects of stress, energizes and gives the skin a fresh look. (60 min.)

MARSHMALLOW FACIAL This soothing treatment helps the skin retain moisture, preserving an optimum level of hydration. Suitable for all skin types. (60 min.)

FIRMING PEPTIDE FACIAL Tightens and revitalizes skin. Suitable for mature skins. (90 min.)

DEEP CLEANSING FACIAL This detoxifying facial acts against aging caused by external factors. (90 min.)

MASSAGES

BAMBOO MASSAGE Performed with bamboo canes, it helps to eliminate toxins, improves blood circulation and acts against cellulite. (90 min)

HOT STONES MASSAGE Calms, decongests and detoxifies your body; you will experience a deep sense of wellbeing. (90 min)

THAI MASSAGE Passive stretching, performed with your clothes on and without oil. (90 min)

SPA REFLEXOLOGY By applying pressure to specific points on the feet, we can stimulate different systems in your body. (60 min)

SWEDISH MASSAGE The classic massage and the Spa favorite. The pressure goes from soft to firm. Reduces stress and improves circulation. (60 & 90 min)

MOON AND STARS SWEDISH MASSAGE On an ocean-side terrace, in the evening. (60 & 90 min)

AROMATHERAPY MASSAGE Slow and gentle massage strokes, with a personalized blend of essential oils. (60 & 90 min)

LYMPHATIC DRAINAGE Slow manipulations to help lymph circulation. (60 & 90 min)

PRENATAL MASSAGE Reduces anxiety and decreases water retention. It is performed while you are lying on your side. (60 min)

SPORT MASSAGE Firm pressure massage that uses stretching and percussions. (60 & 90 min)

DEEP TISSUE MASSAGE Deep pressure strokes to reach the inner muscles and eliminate accumulated tension. (60 & 90 min)

LOMI LOMI MASSAGE With rhythmic strokes and stretching, it is relaxing and invigorating at the same time. (60 & 90 min)

SAMUNPRAI MASSAGE* Warm aromatic poultices with traditional Mexican healing herbs. (90 min)

BODY WRAPS

Nourish your body with our wraps designed for all skin types. In addition to relaxing, they offer great benefits such as softening the signs of aging.

SEAWEED It stimulates skin metabolism, hydrates intensely and helps to smooth and firm the skin. (60 min)

ANTI-CELLULITE It reduces adipose tissue, reaffirms the connective tissue and helps to smooth the skin. (60 min)

MEZCAL, LIMA AND CHAYA Helps to moisturize, nourish and tone your skin and has a firming effect. (60 min)

JADE, GOLD AND SILVER Mineralizing wrap, helps to eliminate toxins. (60 min)

SUN RELIEF Refreshing wrap rich in chamomile and snail saliva, helps to soothe sunburned skin. (60 min)

ORANGE AND VANILLA Moisturizes and softens the skin. A vitamin-rich body cream is also applied as part of this treatment. (60 min.)



NATURAL FISH THERAPY

Tiny Garra Rufa fish "kisses" clean and regenerate your skin, making it look younger and smoother while giving you a feeling of relaxation and wellbeing.

30 min. US\$37

MAKE YOUR EXPERIENCE LONGER

EXPRESS FACIAL Facial cleansing, a soft exfoliation and a face contour massage. (30 min)

EXFOLIATIONS Exfoliation removes dead cells and improves blood circulation. Ideal before tanning. Ask at the Spa front desk for the options available. (30 min.)

NECK AND SHOULDER SWEDISH MASSAGE (30 min)

ADD A LYMPHATIC DRAINAGE TREATMENT to your massage (30 min)

TENSE FEET RELIEF For tired and swollen legs. (30 min)

The treatments included in this section have a cost of US\$65

These treatments may only be purchased to add on to 60 and 90-minute treatments from the menu.

They cannot be combined with beauty salon services.

Not redeemable with Spa Credits.

PRICES

60-minute treatments USD \$137

90-minute treatments USD \$199

Prices in dollars. Payments in pesos will be charged at the daily exchange rate.

Any cancellation with less than two hours notice given will be subject to a charge for 25% of the service which had been reserved.

All no shows are charged 50% of the service price.

Services purchased with Spa Credits do not include the 16% service charge.

*Samunprai massage is not available with Spa Credits.

In the interest of safety, The Spa will refuse the right of entry and will not provide services to guests who have had too much to drink and show clear signs of alcohol intoxication. You must be 16 or older to use the Wet Area and Fitness Center.