

A L E A[®]

WELLNESS EXPERIENCE



EXT. 179

FACIALS

Find your perfect facial. These treatments soothe, cleanse, moisturize and nourish your skin leaving it soft, youthful and radiant.

SOS AFTER SUN

Calming and refreshing facial for very sensitive skin or irritated skin after too much sunbathing. (60 min.)

CAVIAR LIME & PASSIONFRUIT FACIAL

Helps to smooth premature wrinkles and also nourishes skin with antioxidants. (60 min.)

REJUVENATING EYE MASK

Renews and refreshes, bringing back the sparkle to your look and leaving your skin soft and smooth. (60 min.)

VITAMIN C FACIAL

Rich in antioxidants, it nourishes the skin restoring radiance and preventing premature aging. (60 min.)

MEN'S FACIAL

Designed to eradicate toxins and cleanse the skin, giving it vitality and a fresh look. (60 min.)

MARSHMALLOW FACIAL

This treatment helps the skin retain moisture, preserving an optimum level of hydration for a healthy, fresh and radiant complexion. (60 min.)

PEPTIDE FIRMING FACIAL

Helps improve the skin's elasticity and firmness, revitalizing it. Peptides combat the effects of aging, regenerating and boosting cell growth for new skin. (90 min.)

DEEP CLEANSING FACIAL

Helps to purify, restore balance and eradicate toxins, leaving your skin smooth, soft and detoxed. (90 min.)

CANNABI7

Nourishes, moisturizes, soothes, protects, regenerates and softens the skin and gives a sense of wellbeing. (60 min.)

MASSAGES

BAMBOO MASSAGE

This ancient technique performed with bamboo canes helps to eliminate toxins and improves blood circulation. (90 min.)

HOT STONES MASSAGE

Calms, decongests and detoxifies the body, giving a deep sense of wellbeing. (90 min.)

THAI MASSAGE

Passive stretching, performed with your clothes on and without oil. (90 min)

SPA REFLEXOLOGY

Pressure applied to specific points on the feet stimulates different systems in the body. (60 min.)

SWEDISH MASSAGE (A FAVORITE)

The classic massage applying soft to firm pressure.

Reduces stress and improves circulation. (60 & 90 min.)

AROMATHERAPY MASSAGE (SOFT PRESSURE)

Harnesses the benefits of a therapeutic massage and aromatherapy. (60 & 90 min.)

LYMPHATIC DRAINAGE MASSAGE

Slow manipulations to help lymph circulation and eradicate toxins. (60 & 90 min.)

PRENATAL MASSAGE

Reduces anxiety and decreases water retention. It is performed while you are lying on your side. (60 min.)

SPORTS MASSAGE

Firm pressure with stretching and percussions. (60 & 90 min.)

DEEP TISSUE MASSAGE

Deep pressure strokes to reach the inner muscles and release accumulated tension. (60 & 90 min.)

LOMI LOMI MASSAGE

With rhythmic strokes and stretching, it is relaxing and invigorating at the same time. (60 & 90 min.)

SAMUNPRAI MASSAGE*

Warm aromatic poultices with traditional Mexican healing herbs. (90 min.)

CANNABI7 MASSAGE

A relaxing full body massage using cannabis seed oil (THC free) that also includes a bamboo exfoliation. (90 min.)

HEAD AND FACIAL MASSAGE

With its pressure and movements, this massage is the height of relaxation. It also prevents headaches by calming the nervous system. It is combined with a back, neck and shoulders massage. (60 min.)

BODY WRAPS

Nourish your body with our wraps designed for all skin types. In addition to relaxation, they offer amazing benefits such as softening the signs of aging.

SEAWEED

It stimulates skin metabolism and is deeply hydrating, helping to smooth and firm the skin. (60 min.)

ANTI-CELLULITE

Anti-cellulite treatment with active antioxidant ingredients to improve the appearance of your skin. (90 min.)

MEZCAL, LIMA AND CHAYA

Helps to moisturize, nourish and tone your skin and has a firming effect. (60 min.)

JADE, GOLD AND SILVER

Mineralizing wrap, helps to eliminate toxins. (60 min.)

SUN RELIEF

Refreshing wrap rich in chamomile and snail saliva, helps to soothe sunburned skin. (60 min.)



ENHANCE YOUR EXPERIENCE

3 IN 1 FACIAL UPGRADE

Facial cleansing, soft exfoliation and a face contour massage. (30 min.)

EXFOLIATIONS

Exfoliation removes dead cells and improves blood circulation. Ideal before tanning. Ask at the Spa front desk for the options available. (30 min.)

SWEDISH MASSAGE

Back, neck and shoulders. (30 min.)

LYMPHATIC DRAINAGE

Enhance your massage with this treatment. (30 min.)

TENSE FEET RELIEF

For tired legs and to combat water retention. (30 min.)

FACE AND HEAD MASSAGE

Deeply relaxing, it also helps prevent headaches by calming the nervous system. (30 min.)

The treatments included in this section have a cost of US\$77.

These treatments may only be purchased to add on to 60 and 90-minute treatments from the menu.

They cannot be combined with beauty salon services.

Not redeemable with Spa Credits.

PRICES

60-minute treatments US\$153

90-minute treatments US\$227

Prices in dollars. Payments in pesos will be charged at the daily exchange rate. Any cancellation with less than two hours notice given will be charged 25% of the service which had been reserved. All no shows are charged 50% of the service price.

Services purchased with Spa Credits do not include the 16% service charge.

*The Samunprai massage is not available with Spa Credits.

In the interests of safety, The Spa will refuse the right of entry and will not provide services to guests who have had too much to drink and show clear signs of alcohol intoxication.

You must be 16 or older to use the hydrotherapy circuit.