

A L E A[®]

WELLNESS EXPERIENCE



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FACIALS

SOS AFTER SUN *Solar Relief (50 min.)*

Calms and refreshes sensitive or sunburnt skin.

CAVIAR LIME & PASSIONFRUIT FACIAL

Elixir of Antioxidants (50 min.)

Smooths premature wrinkles and nourishes your skin with antioxidants.

VITAMIN C *Radiant Glow (50 min.)*

Restores brightness to your skin and prevents premature aging.

MEN'S FACIAL *Male Vitality (50 min.)*

Eradicates toxins and refreshes male skin.

MARSHMALLOW FACIAL *Radiant Skin (50 min.)*

Optimum level of hydration for a healthy, fresh complexion.

PEPTIDE FIRMING FACIAL

Vital Renewal (80 min.)

Improves the skin's elasticity and firmness.

DEEP CLEANSING FACIAL *Pure Skin (80 min.)*

Purifies and restores balance to the skin, leaving it soft and smooth.

MASSAGES

BAMBOO *Boosts Circulation (80 min.)*

The ancient bamboo technique eliminates toxins and improves circulation.

HOT STONES *Deep Wellbeing (80 min.)*

The heat of the stones calms and detoxifies the body.

THAI *Flexibility and Wellness (80 min.)*

Passive stretching for a relaxing experience.

SPA REFLEXOLOGY

Balanced Stimulation (50 min.)

Pressure applied to points on the feet helps to balance and restore body energy.

SWEDISH *Balance and Relaxation (50 & 80 min.)*

Soft to firm pressure to release tension.

AROMATHERAPY (SOFT PRESSURE) *Fragrant Relaxation (50 & 80 min.)*

The benefits of a therapeutic massage and aromatherapy.

LYMPHATIC DRAINAGE

Balanced Circulation (50 & 80 min.)

Improves lymphatic circulation and eradicates toxins.

PRENATAL *Maternity Wellness (50 min.)*
Reduces anxiety and decreases water retention.

SPORTS *Strength and Flexibility (50 & 80 min.)*
Firm pressure with stretching and percussions.

DEEP TISSUE *Intense Relief (50 & 80 min.)*
Deep pressure is applied to release built up tension.

SAMUNPRAI *Aromatic Healing (80 min.)*
Warm aromatic poultices with traditional Mexican healing herbs.

LOMI-LOMI *Hawaiian Renewal (50 & 80 min.)*
Rhythmic strokes to balance the body, mind and soul.

HEAD AND FACIAL MASSAGE
Complete Relaxation (50 min.)
Alleviates headaches and calms the nervous system.

BODY WRAPS

SEAWEED *Glowing Firm Skin (50 min.)*
Stimulates the metabolism and tones the skin.

ANTI-CELLULITE *Soft and Toned Skin (80 min.)*
Improves the skin's appearance and combats cellulitis.
Exclusive treatment at The Royal Sands.

MEZCAL, LIMA AND CHAYA
Moisturizing and Firming (50 min.)
Moisturizes and tones the skin for a radiant look.

GOLD, JADE AND SILVER
Mineral Purification (50 min.)
Helps to eliminate toxins for healthy skin.

SUN RELIEF *Calming and Cooling (50 min.)*
Soothes sunburned skin with chamomile and snail saliva.



**FISH SPA
TREATMENT
US\$39**





ENHANCE YOUR EXPERIENCE

3 IN 1 FACIAL

Complete Facial Renewal (30 min.)

Cleansing, exfoliation and facial massage.

EXFOLIATIONS

Restore your Skin (30 min.)

Removes dead cells and improves your circulation.

SWEDISH MASSAGE

Balance and Relaxation (30 min.)

Back, neck and shoulder massage.

LYMPHATIC DRAINAGE

Balanced Circulation (30 min.)

Elevate your massage experience with this lymphatic treatment.

TENSE FEET RELIEF

Instant Relaxation (30 min.)

For tired legs and to combat water retention.

FACE AND HEAD MASSAGE

Relaxation and Wellbeing (30 min.)

Alleviates headaches and relaxes the entire body.

The treatments included in this section
have a cost of US\$77.

PRICES

50-minute treatments US\$155 80-minute treatments US\$229

Prices in dollars. Payments in pesos will be charged at the daily exchange rate. Cancellations with less than two hours notice given will be charged 20% of the price of the service reserved. All no shows are charged 50% of the service price. Services purchased with Spa Credits do not include the 10% service charge.

*The Samunprai massage is not available with Spa Credits.

In the interests of safety, The Spa will refuse the right of entry and will not provide services to guests who have had too much to drink and show clear signs of alcohol intoxication. You must be 16 or older to use the hydrotherapy circuit.

The use of our products and services is the responsibility of the client.
Please note that a liability waiver must be signed.

THE ROYAL SANDS

Spa and Salon Services

Sunday to Friday: 8 a.m. - 8 p.m.
Saturdays: 9 a.m. - 5 p.m.

Wet Area

Sunday to Friday: 8 a.m. - 9 p.m.
Saturdays: 9 a.m. - 5 p.m.

Fitness Center

Every day: 7 a.m. - 9:30 p.m.

THE ROYAL HACIENDAS

Spa and Salon Services

Monday to Friday: 8 a.m. - 7 p.m.
Weekends: 9 a.m. - 5 p.m.

Wet Area

Monday to Friday: 8 a.m. - 8 p.m.
Weekends: 9 a.m. - 5 p.m.

Fitness Center

Every day: 7 a.m. - 8 p.m.